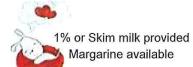
LOVE

CW Resources Senior Community Café

February, 2016



Tedruary, 2016 Margarine available				
MENU ITEMS SUBJECT TO CHANGE SUGGESTED DONATION				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hearty Vegetable Soup Unsalted Crackers Meatloaf Mushroom Gravy Whipped Potatoes Buttered Beets	Orange Juice Apricot Glazed Grilled Chicken Breast Stuffing California Blend Veggies	Spaghetti with Meatballs Parmesan Cheese Garden Salad Italian Dressing	Cranberry Juice LS Sliced Ham Mustard Glaze Sweet Potatoes Cauliflower and Red Pepper	Pineapple Juice Sliced Turkey Turkey Gravy Brown Rice Chuckwagon Veggies
Multigrain Bread	Rye Bread	Garlic Bread	Wheat Bread	Pumpernickel Bread
Tropical Fruit	Birthday Cake	Pineapple Chunks	Fresh Apple	Apricots
8 Roast Beef Beef Gravy Baked Potato Peas	9 Cranberry Juice Egg and Pepper Bake Tater Tots Broccoli	Mushroom Barley Soup Unsalted Crackers Baked Fish Lemon Pepper Sauce Rice Pilaf Steamed Broccoli	Grape Juice Turkey Noodle Casserole Peas	Apple Juice Stuffed Shells Marinara Sauce Spinach
Potato Bread	100% Whole Wheat	Oatmeal Bread	100% Whole Wheat	Pumpernickel Bread
Mixed Fruit Cup	Peaches	Ice Cream Cup	Peaches	Valentine's Dessert
President's Day 15 Closed	Grape Juice Cranberry Glazed Grilled Chicken Breast Couscous Winter Blend Veggies Dinner Roll Oatmeal Crème Pie	Open Faced Turkey Sandwich with Gravy Stuffing Green and Gold Beans Cranberry Sauce 12 Grain Bread Fresh Orange	Orange Juice Eggplant Parmesan Meat Sauce Ziti Italian Blend Veggies Italian Bread Apricots	19 Cranberry Juice White Fish Fillet Dill Sauce Harvest Rice Carrot Coins Rye Bread Pears
22	23	24	25	26
Apple Juice Beef Stew Diced Potatoes Broccoli	Baked Grilled Chicken with Orange Ginger Sauce Fried Rice Spinach	Orange Juice Hamburger Potato Salad Hot, Buttered Beets Lettuce Ketchup	Sliced Pork with Apple Cranberry Glaze Apple Cranberry Sauce Herbed Couscous Carrots	N. E. Clam Chowder Unsalted Crackers Cheese Lasagna Geneva Blend Veggies
Biscuit	Italian Bread	Hamburger Bun	100% Whole Wheat	Garlic Bread
Oatmeal Raisin Cookies	Tropical Fruit Cup	Rice Pudding	Cinnamon Applesauce	Citrus Sections
Chicken Patty	A-CAPANIA	00	00000	What a Second

Chicken Patty
Steak Fries
Broccoli Florets
Lettuce and Tomato
Ketchup

Hamburger Bun

Pineapple Chunks



